## **PSHE**

The aim of PSHE at Millfields is to provide an education that promotes the social, emotional, and personal development of students, while teaching them about fundamental values such as respect, tolerance, and perseverance. It focuses on developing the knowledge, skills, and attributes that young people need to thrive in life.

We have a clear curriculum framework that addresses the needs of all learners, based on the "Jigsaw" program. This is sequenced, to ensure that students develop a coherent understanding of the key themes and concepts- all children throughout the school study the same theme at the same time at an age-appropriate level.

The PSHE curriculum covers the key areas of social, emotional, and personal development, as well as health education, the skills needed for living in the wider world, relationships education and how to keep safe. It promotes the values and principles of the school eg respect, and kindness as well as British Values- democracy, rule of law, individual liberty, mutual respect and tolerance of different faiths and beliefs.

Our curriculum leads to a range of positive outcomes for children, both in the short and long-term, including improving mental health and wellbeing, developing their confidence and resilience, fostering positive relationships, and promoting a positive attitude towards learning. We know this as there are excellent relationships between children and staff and between children and their peers-our children know who to talk to if they are worried or anxious about anything.