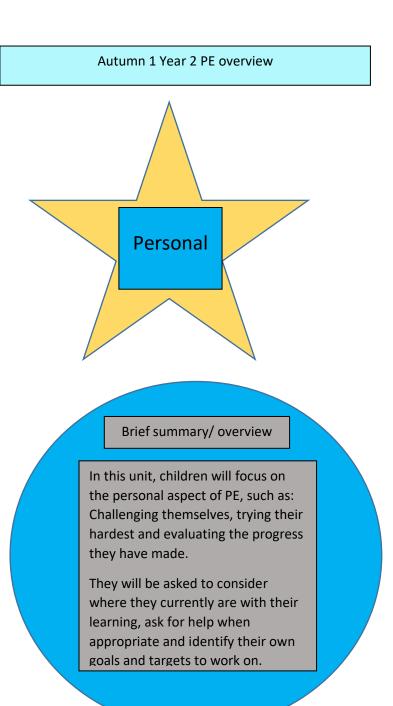
Key facts Children will be focussing on these key skills: Encouragement of others Perseverance. Trying several times if at first they don't succeed. Assessment and evaluation of their own skills Working on simple tasks by themselves. Balance, control and smooth movements.

Resources Cones/Markers Balls Hoops



Children will have worked on personal skills in last years PE lessons, will have explored them in PSHE and may have some background knowledge of the topic from home.

Key Vocabulary

Safety Success Perseverance Effort

Cross curricular links/visits

PSHE – Personal goals and progress

Children will be focussing on these skills:

- Praising others
- Working sensibly with others, taking turns and sharing.
- Working sensibly with others.
- Use positive words when others do well.
- Use positive gestures/words to keep others going.

Additionally, while jumping:

- Good take off and height.
- Balance and control on landing.
- Soft landings.

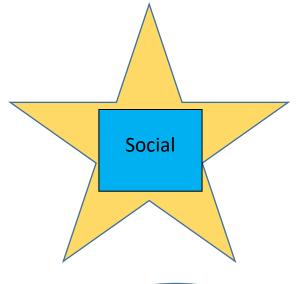
Resources

Cones

Balls

Stepping stone mats

Autumn 2 Year 2 PE overview



Brief summary/ overview

In this unit, children will focus on the social aspect of PE, such as: Praising others, turn taking, sharing and working sensibly with others.

They will be asked to consider where they currently are with their learning, ask for help when appropriate and identify their own goals and targets to work on.

Prior Knowledge

Children will have worked on social skills in last year's PE lessons, will have explored them in PSHE and may have some background knowledge of the topic from home.

Key Vocabulary

Praise Teamwork Support Coaching Listening

Cross curricular links/visits

PSHE – Personal goals and progress

Children will be focussing on these skills:

- Name some things they are good at.
- I can explain why someone is working or performing well.
- Recognising similarities and differences in performance.
- Identify areas for improvement.

Additionally, while balancing:

- Smooth movements and minimum wobble.
- Staying on the line with head up.
- Opposite arm and leg moving forwards.

Resources

Cones

Balls

Bean bags

Hoops

Spring 1 Year 2 PE overview



Brief summary/ overview

In this unit, children will focus on the cognitive aspect of PE, such as:
Recognising their own strengths and weaknesses, explaining why someone is working or performing well and recognising similarities and differences in performance.

They will be asked to consider where they currently are with their learning, ask for help when appropriate and identify their own goals and targets to work on.

Prior Knowledge

Children will have worked on social skills in last year's PE lessons, will have explored them in PSHE and may have some background knowledge of the topic from home.

Key Vocabulary

Coaching Balance Steady Review Evaluate Apply

Cross curricular links/visits

Children will be focussing on these skills:

- Select and link movements together to fit a theme.
- Begin to compare my movements and skills with those of others.
- Explore and describe different movements.

Additionally, while practicing ball skills:

- Maintaining control of the ball.
- Able to work ball in both directions.
- Smooth movements with the ball.

Resources

Cones

Balls

Bean bags

Hoops

Spring 2 Year 2 PE overview



Brief summary/ overview

In this unit, children will focus on the creative aspect of PE, such as: Explore and describe different movements, select and link movements together to fit and theme, begin to compare my movements and skills with those of others, recognise similarities and differences in movements and expression.

They will be asked to consider where they currently are with their learning, ask for help when appropriate and identify their own goals and targets to work on.

Prior Knowledge

Children will have worked on creative skills in last year's PE lessons, will have explored them in PSHE and may have some background knowledge of the topic from home.

Key Vocabulary

Control Steady Review Evaluate

Apply

Coaching

Cross curricular links/visits

Children will be focussing on these skills:

- Performing a sequence of movements with some changes in level, direction or speed.
- Perform a range of skills with some control and consistency.
- Perform a single skill or movement with control.

Additionally, while passing balls:

- Accuracy and weight when sending.
- Getting in a good position to receive.
- Collecting the ball safely.

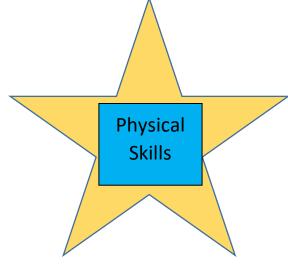
Resources

Cones

Balls

Hoops

Summer 1 Year 2 PE overview



Brief summary/ overview

In this unit, children will focus on the creative aspect of PE, such as: Coordination and agility, applying skills with control and consistence, performing sequences of movements.

They will be asked to consider where they currently are with their learning, ask for help when appropriate and identify their own goals and targets to work on.

Prior Knowledge

Children will have worked on physical skills in last year's PE lessons, will have explored them in PSHE and may have some background knowledge of the topic from home.

Key Vocabulary

Sequence Repeat Control Movement Consistency

Cross curricular links/visits

Children will be focussing on these key facts:

- Exercise helps us develop stronger bones and muscles which is good for our health.
- Changes to the body during and after exercise include increased heart rate - it beats faster as we work harder.
- Moving and landing safely is helped by having good health and fitness, for example, good stability and strength in our muscles and joints.

Additionally, while developing their skills:

- Starting and stopping quickly
- Timing to get in the right position
- Balance/control when collecting balls.

Resources

Cones

Balls

Hoops

Summer 2 Year 2 PE overview



Brief summary/ overview

In this unit, children will focus on the creative aspect of PE, such as: awareness of why exercise is important for good health, use equipment appropriately and move and land safely, say how your body feels before, during and after exercise.

They will be asked to consider where they currently are with their learning, ask for help when appropriate and identify their own goals and targets to work on.

Prior Knowledge

Children will have worked on health and fitness skills in last year's PE lessons, will have explored them in PSHE and may have some background knowledge of the topic from home.

Key Vocabulary

Cross curricular links/visits