

## Autumn 1 Year 2 PSHE overview

### Key facts

Children will be exploring:

- Hopes and fears for the year
- Rights and responsibilities
- Rewards and consequences
- Safe and fair learning environment
- Valuing contributions
- Choices
- Recognising feelings

## Being Me in My World

### Prior Knowledge

This topic is a continuation of work completed in Year 1, so children will have some understanding of rights and responsibilities, how to make safe choices and how to care for themselves and others.

### Key Vocabulary

Hope  
Fear  
Rights  
Responsibility  
Dreams  
Goals  
Choices  
Feelings

### Brief summary/ overview

In this unit children will explore how they fit into their wider environment. They will discuss and identify how they feel about the coming year, including their hopes and fears, and the rights and responsibilities of themselves and others around them.

They will consider what makes a safe and fair environment, the choices they make and recognising their own feelings, and the feelings of others.

### Resources

Jigsaw Cat

Examples of different roles and responsibilities, scenarios, feelings etc.

### Cross curricular links/visits

RE – Morals

## Autumn 2 Year 2 PSHE overview

### Key facts

Children will be exploring:

- Accept that everyone is different.
- Include others when working and playing.
- Know how to help if someone is being bullied.
- Try to solve problems.
- Try to use kind words.
- Know how to give and receive compliments.

### Prior Knowledge

This topic is a continuation of work completed in Year 1, so children will have some understanding of differences.

## Celebrating Difference

### Brief summary/ overview

In this unit children will explore how we can celebrate our differences, focussing on stereotypes and bullying.

They will consider what makes a kind friend, identify what makes them different to others and understand that it is okay to be different.

### Key Vocabulary

Acceptance  
Difference  
Inclusion  
Bullying  
Compliments  
Respect  
Gender  
Stereotypes  
Assume

### Resources

Jigsaw Scheme

Jigsaw Chime

'Jerry and Jo' Cat teddies

### Cross curricular links/visits

Art  
English  
RE

## Spring 1 Year 2 PSHE overview

### Key facts

Children will be exploring:

- Stay motivated when doing something challenging.
- Keep trying even when it is difficult.
- Work well with a partner or in a group.
- Have a positive attitude.
- Help others to achieve their goals.
- Are working hard to achieve their own dreams and goals.

### Prior Knowledge

This topic is a continuation of work completed in Year 1, so children will have some understanding of their dreams and goals.

## Dreams of Goals

### Key Vocabulary

Motivated  
Challenges  
Positive  
Attitude  
Achievements  
Goals  
Celebrate  
Successful

### Brief summary / overview

In this unit children will explore their own dreams and goals and what they can do in order to achieve them.

They will consider how to stay motivated when doing something challenging, and how to achieve their own goals as well as others.

### Resources

Jigsaw Scheme

Jigsaw Chime

'Jerry and Jo' Cat teddies

### Cross curricular links/visits

RE  
English  
Art

## Summer 1 Year 2 PSHE overview

### Key facts

Children will be exploring:

- Know how to make friends.
- Try to solve friendship problems when they occur.
- Help others to feel part of a group.
- Show respect in how they treat others.
- Know how to help themselves and others when they feel upset or hurt.
- Know and show what makes a good relationship.

## Relationships

### Brief summary / overview

In this unit children explore how to build and maintain healthy relationships with others.

They will consider their relationship with different members of their family and why it is important to share and cooperate. There will be a particular focus on physical contact, consent, respect and caring for others.

### Prior Knowledge

This topic is a continuation of work completed in Year 1, so children will have some understanding of how to stay healthy.

### Key Vocabulary

Respect  
Upset  
Hurt  
Relationship  
Appreciation  
Secret  
Conflict  
Physical contact

### Resources

Jigsaw Scheme

Jigsaw Chime

'Jerry and Jo' Cat teddies

### Cross curricular links/visits

RE  
English  
Art

## Summer 2 Year 2 PSHE overview

### Key facts

Children will be exploring:

- Understand that everyone is unique and special.
- Express when they feel change happens.
- Understand and respect the changes that they see in themselves.
- Understand and respect the changes that they see in themselves.
- Understand and respect the changes that they see in other people.
- Recognise the physical differences between boys and girls, use correct names for parts of the body.
- Understand there are different types of touch and can tell you which ones I like and don't like.

### Resources

Jigsaw Scheme

Jigsaw Chime

'Jerry and Jo' Cat teddies

## Changing Me

### Brief summary / overview

In this unit children explore life cycles in nature, how their body changes as they grow old and how it has changed since they were a baby.

They will consider that everyone is unique and special and understand who to ask for help if they are worried about change. They will also identify the differences between boys and girls bodies using accurate vocabulary and understanding that some parts of their body are private.

### Prior Knowledge

This topic is a continuation of work completed in Year 1, so children will have some understanding of how to stay healthy.

### Key Vocabulary

Unique  
Special  
Life cycle  
Growing  
Respect  
Appreciate  
Continuum

Penis  
Anus  
Testicles  
Vagina  
Vulva  
Privacy  
Consent

### Cross curricular links/visits

RE  
English  
Art