





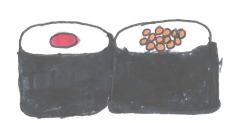






SPRING	/SUMMER	MENU.
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Options	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese &tomato pizza	Pork Sausages	Roast Chicken & Gravy with stuffing	Beef Lasagne served with garlic bread	Fish fingers
Vegetarian	Veggie Burger in a Bun	Vegetable Lasagne	Quorn Sausages & Gravy	Cheese & Potato Pie	Quorn Chilli & Plain Rice
Jacket Potato	Baked Beans	Baked Beans	Cheese	Tuna Mayonnaise	Baked Beans
Potatoes	Potato Wedges	Mashed Potatoes	Mashed & Roast Potatoes	Potato Wedges	Oven Chips
Vegetables / Accompaniments	Green Beans & Sweetcorn	Peas & Cauliflower	Carrots & Broccoli	Mixes salad	Peas / Baked Beans
Savouries	Cheese / Egg / Ham / Tuna Sandwich				
Dessert	Fruit Smoothie	Flavoured mousse	Choc chip Muffin	Jam & Coconut Sponge & Custard	Fruit Yoghurt Pots





























SPRING/SUMMER MENU.

healthy



Options	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Sausages	Chicken Korma & Boiled Plain Rice	Roast Beef & Yorkshire Pudding	Meatballs with Pasta in Tomato Sauce	Fish Fingers
Vegetarian	Cheesy Vegetable Bake	Cheese & Tomato Pizza	Creamy Vegetable Pie	Vegetable Chow-Mein	Cheese & Onion Pasty
Jacket Potato	Baked beans	Cheese	Baked Beans	Tuna Mayonnaise	Baked Beans
Potatoes	Mashed potatoes	Potato Wedges	Mashed & Roast Potatoes	Herby Diced Potatoes	Oven Chips
Vegetables / Accompaniments	Peas / Baked Beans	Green Beans & Cauliflower	Carrots & Broccoli	Green Beans & Sweetcorn	Peas / Baked Beans
Savouries	Cheese / Egg / Ham / Tuna Sandwich				
Dessert	Raspberry Fruit Ice Smoothie	Sultana Sponge & Custard	Fresh Fruit Salad and Shortbread	Fruit Flapjack	Fruit Jelly & Ice Cream





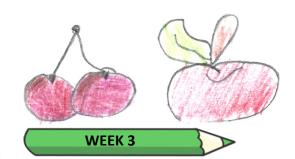
















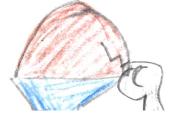




)	Options	Monday	Tuesday	Wednesday	Thursday	Friday
	Main	Hotdog	Pasta carbonara Served with Garlic Bread	Roast chicken ,stuffing served with gravy	Cheese and tomato Pizza	Fish Nuggets
	Vegetarian	Vegetable Enchiladas	Quorn Bolognaise& rice	Quorn fillet & gravy	Gluten free tomato pasta bake	Broccoli & Cauliflower Bake
	Jacket Potato	Baked beans	Cheese	Tuna Mayonnaise	Baked Beans	Baked Beans
	Potatoes	Potato wedges	Sauté Potatoes	Mashed & Roast Potatoes	Potato Wedges	Oven Chips
	Vegetables / Accompaniments	Green Beans & Carrots	Peas & Sweetcorn	Carrots & Broccoli	Green Beans & Sweetcorn	Peas / Baked Beans
b	Savouries	Cheese / Egg / Ham / Tuna Sandwich	Cheese / Egg / Ham / Tuna	Cheese / Egg / Ham / Tuna	Cheese / Egg / Ham / Tuna Sandwich	Cheese / Egg / Ham / Tuna
Y	Dessert	Arctic Roll	Chocolate Cookie	Fruit Jelly	Retro School Cake	Eton Mess









For allergen information please contact the school office: office@millfields.worcs.sch.uk