Millfields
First School & Pre-School

Summer 2026

For ingredients and allergen / dietary information please email the school kitchen:
kitchen@millfields.worcs.sch.uk

WEEK 1

Options	Monday	Tuesday	Wednesday	Thursday	Friday
Main	**Take Away Monday** Pepperoni Pizza	Chicken, broccoli and cauliflower bake	**Classic roast**	Millfields spaghetti Bolognese with wholewheat pasta	**Fish Friday** Fish fingers
Vegetarian	**Take Away Monday** Vegetable or Cheese pizza	Broccoli and cauliflower bake	Quorn chicken roast	Quorn mince Bolognese	Veggie fingers
Allergen	Gluten free / dairy free pizza—Sheese or veg	Gluten free / dairy free white sauce chicken and broccoli bake	Classic roast	Gluten free / dairy free mince and pasta	Gluten free / dairy free fish fingers
Jacket Potato	Sour cream and chives	Tuna crunch	Ragu	Bolognese	Beans
Accompaniments	Sweetcorn, coleslaw, diced potatoes	Vegetables Boiled potatoes	Mash, roasties, vegetables, stuffing and gravy	Vegetables Garlic bead	Chips, carrots and peas
Millfields Picky Lunch (sandwich/veg/ fruit/cake/side)	Tuna or egg sandwich	Ham or cheese sandwich	Cheese and wholewheat crackers or tuna sandwich	Cream cheese or tuna sandwich	Jam or tuna sandwich
Dessert	Yoghurt and fruit wedges	Emma's fruity shortbread or yoghurt and fruit	Fruit smoothie or yoghurt and fruit	Homemade fruity cake or yoghurt and fruit	Low sugar jelly pot or yoghurt and fruit

For allergen information please email the kitchen: **kitchen@millfields.worcs.sch.uk**

WEEK 2

Options	Monday	Tuesday	Wednesday	Thursday	Friday
Main	**Take Away Monday** Chicken burgers (buns optional)	Macaroni cheese	**Classic roast**	Millfields curry	**Fishy Friday** Yummy salmon fish cakes
Vegetarian	**Take Away Monday** Veggie burgers (buns optional)	Tomato Italian tri-colour pasta	Quorn chicken roast	Veggie curry	Veggie patties
Allergens	Gluten free chicken burgers and bun	Gluten free / Dairy free Macaroni cheese	Classic roast	Gluten free / Dairy free curry	Gluten free / Dairy free fish cakes
Accompaniments	Salad, corn on the cob, coleslaw	Vegetables Garlic bread	Mash, roasties, stuffing, gravy	Green beans and brown rice	Skin-on wedges, carrots and peas
Jacket Potato	Creamy coleslaw	Ratatouille	Tuna crunch	Curry	Beans
Millfields Picky Lunch (sandwich/veg/ fruit/cake/side)	Tuna or egg sandwich	Ham or cheese sandwich	Cheese and whole-wheat crackers or tuna sandwich	Cream cheese or tuna sandwich	Jam or tuna sandwich
Dessert	Mini fruity muffins or yoghurt and fruit	Overnight oats with fruit or yoghurt and fruit	Yoghurt and fruit wedges	Homemade fruity cake or yoghurt and fruit	Fruit salad or yoghurt and fruit

For allergen information please email the kitchen: **kitchen@millfields.worcs.sch.uk**

WEEK 3

Options	Monday	Tuesday	Wednesday	Thursday	Friday
Main	**Take Away Monday** Chicken stir fry noodles	Hearty sausage and cheesy mash	Hot chicken and stuffing roll	Mexican style pork, beans with soft corn tortillas	**Fishy Friday** Big fish
Vegetarian	**Take Away Monday** Stir fry noodles	Quorn or veggie sausages	Quorn chicken stuffing roll	Mexican style bean with soft corn tortillas	Veggie fingers
Allergen	Gluten free / dairy free Chicken stir fry noodles	Gluten free / dairy free sausages and sheese mash	Gluten free / dairy free hot chicken roll	Gluten free / dairy free Mexican style pork soft corn tortillas	Gluten free / dairy free fish fingers
Accompaniments	Seasonal vegetables	Beans	Roasties / Vegetables	Brown rice Vegetables	Chips, carrots, peas
Jacket Potato	Ragu	Beans	Creamy coleslaw	Sour cream and chives	Tuna crunch
Millfields Picky Lunch (sandwich/veg/ fruit/cake/side)	Tuna or egg sandwich	Ham or cheese sandwich	Cheese and wholewheat crackers or tuna sand-wich	Cream cheese or tuna sandwich	Jam or tuna sandwich
Dessert	Low-fat/sugar ice cream or yoghurt and fruit	Yummy cheese cake or yoghurt and fruit	Fruit salad or yoghurt and fruit	Homemade fruity cake or yoghurt and fruit	Low sugar jelly pot, yoghurt and fruit

For allergen information please email the kitchen: **kitchen@millfields.worcs.sch.uk**